

Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1	Saturday 2	Sunday 3
10:30 Seated Gentle Exercises	10:30 Seated Gentle Exercises	10:15 Memory Living Outing : Salisbury Green House (Conc)	10:30 Seated Gentle Exercises	10:30 Seated Gentle Exercises	10:00 Gentle Joints Exercise (3rd)	10:30 Seated Gentle Exercises
11:00 Spiritual Eldercare - Virtual Church Service (3rd)	11:00 Prowalk Tours (3rd)	11:00 Suzy Q Sing Along (Virtual) (3rd)	11:00 Classic Western Movies (3rd)	10:30 Memory Living Outing : Live Music at WeSeniors (Weather Permitting) (Conc)	10:30 Seated Gentle Exercises	11:00 Church services on TV (3rd)
1:30 Seated Exercises (3rd)	1:30 Seated Exercises (3rd)	1:00 Horticulture Therapy with Liz Reynolds (3rd)	1:30 Seated Exercises (3rd)	11:00 How is it Made? (3rd)	11:00 What Am I? Youtube Quiz (3rd)	1:30 Seated Exercises (3rd)
2:30 Picture Bingo (3rd)	2:30 White Board Games (3rd)	1:30 Seated Exercises (3rd)	2:30 Whiteboard Games (3rd)	1:30 Seated Exercises (3rd)	1:30 Seated Exercises (3rd)	2:30 Traditional Bingo (3rd)
3:30 Cognitive Game (3rd)	3:30 Movie Matinee: No Letting Go (3rd)	2:30 Memory Challenges (3rd)	3:00 Artfull Enrichment Art Expressions Club (3rd)	2:30 Dominoes (3rd)	2:30 Whiteboard Games (3rd)	4:00 Reminsce & Discuss (3rd)
4:00 A Friendly Balcony Chat and Flower Watering (3rd)	4:30 Friendly Visits (3rd)	3:30 Card Bingo (3rd)	6:30 Animal Documentary (3rd)	3:30 Water Painting (3rd)	3:30 Active Game (3rd)	6:30 Nail Painting (3rd)
6:30 Armchair Travel (3rd)	6:30 Crafty Corner: Paper Fan (3rd)	6:30 Picture Bingo (3rd)		4:00 Coffee Corner: Guess the Animal Game (3rd)	6:30 Movie Night (3rd)	
				6:30 Paint Night (3rd)		